

## ***Camping List***

Survive Off Road has prepared the following camping list for your convenience. The list is not all inclusive due to the different styles of camping and the needs of each individual. This list should be used as a guide. You should add any items you believe are necessary and delete those things that you do not need. Under the heading “Essentials” you will find four categories; training, first aid, survival bag, and tools. I believe the “essentials” are the most important things you will take into the backcountry.

Commercially available first aid kits run the gamete with regard to their contents. Some have little more than cleansing wipes and band aids while others have just about everything you need. You should modify your first aid kit to reflect your knowledge and skill level concerning first aid administration. I recommend that you enroll in a wilderness first aid course. Wilderness first aid courses are inexpensive, require little time and could save your life or the life of some else, maybe someone you love.

The survival bag, also called a bug out bag, is something I hope you never need but if your stuck in the backcountry it can be the difference between going home to your loved ones or being hauled out in a body bag. There are commercially available survival bags or you can make your own. The best survival bag is one that’s specific to the environment you will be spending time in. Survive Off Road’s *stranded* course covers what should be in a survival bag and how to use it.

Hand tools are another essential item on the camping list. Things brake, its Murphy’s Law. I recommend a basic tool kit. It should contain wrenches, screw drivers, pliers, electrical tape, duct tape, and assortment of bolts, nuts, washers, screws, electrical wire and a flashlight.

Training is the most important of the four items listed under “essentials”. Knowledge of your equipment and how to use it safely can’t be understated. Get basic off road driving instruction, learn what should be in your survival bag and how to use its contents, Take a course on wilderness first aid.

Why do I think that these items are “essential”? Because when the crap hits the preverbal fan these things can literally save you life!

Life favors the prepared

A L Davis

# Camping Checklist

## **Essentials**

- First aid kit
- Survival bag
- Tools
- Training for:
  - Driving off road
  - Survival bag usage
  - Wilderness first aid

## **Shelter**

- Tent
- Poles
- Stakes
- Ground cloth/trap
- Axe / hammer
- Hand brush / dust pan

## **Bedding**

- Cot / sleeping pad / air mattress
- Sleeping bag
- Pillow
- Blankets
- Air pump

## **Personal**

- Clothes
- Hand soap
- Shampoo
- Towels
- Tooth brush / tooth paste
- Deodorant
- Comb / brush
- Razor
- Feminine care products
- Toilet paper
- Bug repellent
- Sunscreen
- Personal medications

## **Cooking**

- Stove
- Fuel
- Matches / lighter
- Cooler
- Cooking utensils
- Eating utensils
- Aluminum foil
- Campfire grill
- Cooking oil
- Folding table
- Paper towels
- Dish towels
- Trash bags
- Hand soap
- Dish soap
- Can opener
- Cutting board
- Plastic bags
- Cups / mugs
- Dish pan
- Water
- Food

## **Miscellaneous**

- Chairs
- Lantern / Mantles / fuel
- Shovel
- Saw / axe
- Flashlight / batteries
- Knife
- Para cord / rope
- Water bottle / canteen
- Work gloves
- Fire extinguisher
- Tarp (shade)
- Map
- Camera / tripod / batteries